

H	E	A	L	T	H
HUMAN	ENVIRONMENT	ANIMAL	LOCATION	TRAVEL	HABITS
Do you have any new symptoms or bug bites?	Do you spray your yard with insect repellent?	Do your pets wear insect repellents?	Do you live by woods or tall grass/brush?	Where have you traveled?	Do you wash your fruits and vegetables?
Do you use insect repellent, do tick checks and look for rashes?	Do you have a 3 foot border between woods/bushes and your yard?	Do you care for horses or livestock?	Do you garden?	Do you spend time around water with harmful algae blooms?	Do you eat undercooked or raw meat or unpasteurized dairy products?
Do you spray your clothes and shoes with permethrin?	Is there mold or water damage in your home, school or work space?	Do you check your animals for ticks and fleas?	Do you sit in the grass or work/play with leaf litter?	Do you go camping or participate in summer camps?	Do you wash your hands after handling animals and before eating food?
Do you wash & dry your clothes after potential tick exposure?	Are there rats or mice in or around your home?	Do you foster or rescue animals?	Do you live or work on a farm or in a cabin?	What are your outdoor/nature activities?	Do you sleep with your pet?
If a tick bit you, did you save it for testing?	Do you drink treated/filtered water?	Are you exposed to rat droppings?	Are you exposed to toxic air such as smoke or carbon monoxide?	Do you review travel health advisories before traveling?	Do you wear gloves when working with manure or animal blood?

